

Tamra Parask
201 Gillespie Drive
Franklin, TN 37067
Tamraprn@gmail.com
615-957-0669

Skilled Nurse with over 20 years of NICU/ED/Peds Clinic/Film set experience

SKILL PROFILE:

Registered Nurse with experience working in an acute/critical care environment

- Sound knowledge of current principles, techniques and procedures used in professional nursing
- Knowledge and experience with film/television production.
<https://www.imdb.com/name/nm6784883/>
- Ability to prepare and maintain concise and complete records and reports
- Excellent communication skills
- Relate well to people from a variety of cultures.
- Proven record of reliability and responsibility.
- Remain calm and professional throughout critical incidents.
- Strong analytical skills, capable of assessing conditions and implementing appropriate intervention.
- Possess sensitivity to meeting diverse needs in varied situations.

PROFESSIONAL EXPERIENCE:

- ~ Vigilant EHS
HOD COVID HSS Paramount Pictures/Jerry Bruckheimer Mar 2021-Sept. 2021
Implement COVID protocols per union RTW/studio policies crew of 500+
Establish and manage Dept. of 15

- ~ National Set Medics July 2020 - Present
Reality TV - Chrisley Knows Best/Growing Up Chrisley
Set Medic/implement COVID protocols

- ~Vanderbilt Children's Hospital, Nashville, TN Oct. 2004-Present
Registered Nurse Level IV NICU

- ~Spectrum Healthcare Resources, St. Louis, MO Dec. 2017- July 2020
Registered Nurse, Federal Occupational Health

- ~Mercy Community Healthcare, Franklin, TN Mar 2006 - July 2011
Registered Nurse, Clinical Care

- ~St. Luke's Hospital, Duluth, MN Sept 2001- Feb. 2004
Registered Nurse Level II Trauma ED

- ~St. Mary's Medical Center, Duluth, MN May 1998- Oct. 2004
Registered Nurse Level III NICU

- ~Duluth Public School District, Duluth, MN 1997-1998 school year
Registered Nurse, Special Education Dept.

EDUCATION:

Bachelor's Degree Nursing
College of St. Scholastica, Duluth, MN, 1996

Current Certifications:

TN RN License No: R134801

Neonatal Resuscitation

Basic Life Support

Multi-level Gov't Security Clearance(E-Qip)

Previous Certifications:

PALS, ATLS, ACLS

ENCP, TNCC

EMT-Basic